

After using your pumpkins for fall decoration, have fun cooking and eating them!

Ingredients:

- 1 mini-pumpkin
- 1 teaspoon brown sugar
- ½ teaspoon butter
- 2 pinches ground cinnamon
- Optional: fill with applesauce

Instructions:

- Preheat oven to 350 degrees F.
- Wash the outside of the pumpkin.
- Cut off the top of the pumpkin making a lid out of the top. Use a knife and cut a circle out around the stem.
- Use a spoon to remove the seeds and stringy fibers.
- Place the butter or margarine and brown sugar inside the pumpkin and sprinkle with ground cinnamon. Optional fill with applesauce with or without the other ingredients. Fill to the top but leave a little room for the lid.
- Put the pumpkin lid back on loosely.
- Place pumpkin in a baking pan with a little water in the bottom.
- Bake at 350 degrees F for about 1 hour or until tender.
- These can also be baked in the microwave on high for about 10 minutes. Place pumpkin on a microwave-safe plate. Add 5 minutes of cooking time if needed until tender inside.
- Do not eat the skin because it is very tough. The inside will be nice and soft.

